# Caithness Cycling Club

 Invite you to their

 CAITHNESS RACING WEEKEND, June 2005

####  Riders from the South and from Caithness

 **Mack Mowat 25 Mile Time Trial on Saturday 11th**

***In Memory of that Grand Old Man of Caithness Cycling***

Start: At **3pm**, Start on A9, 50 yards east of “Welcome to Thurso” sign on south side of Thurso.

Course: Continue on A9/A882 and turn 1 mile past Watten.

Finish: 400 yards short of Start.

**Course Record: Alexander Ross – 53 min 54 secs – 6/7/02**

**10 Mile Time Trial and 27 Mile APR on Sunday 12th**

**Event 2: 10 Mile Time Trial**

Start: At **10 am**, Start on A9, 50 yards east of “Welcome to Thurso” sign on south side of Thurso.

Course: Continue on A9/A882 for 5.071 miles. Turn 26 yards past the “Wick 15 Miles” sign.

Finish: 400 yards short of Start.

**Event 3: 27 Mile APR**

Start: at 1pm start at the 30mph sign on the A9 just past the Park Hotel.

Course: Continue Proceed to Watten (A9/A822 [11.8miles]), turn left onto B870, cross B874 (right/left) and continue on B870 to junction with B876 (Wick/Castletown road [16.00 miles]). Turn left on B876 and continue to Castletown. Turn left onto A836 towards Thurso.

Finish: At the **end of 50mph** Θ sign near the community centre at Murkle (26.08 miles)

**FOR BOTH EVENTS: - Race HQ: Cycling Clubrooms, Gerry Square (off Olrig Street)**

***(For Numbers, Signing-On etc..)***

**Mitsui Babcock Energy Ltd**

**15/17 Traill Street**

**Thurso**

**Caithness**

**KW14 8EL**

#### SUPPORT OUR SPONSORS AND OUR ADVERTISERS – THEY SUPPORT YOU

 **Additional Prizes For Competitors In ALL 3 Events**

Please do not park in Gerry Square

 **Overall Weekend Prizes**

 1st                    £20

2nd                    £15

3rd                    £10

1st Lady or Veteran      £10

 **NOTE:** prizes for the individual “10”, “25” and “27 APR” are on the respective start sheets and are on the normal NOSCA “one man – one prize” basis.

**Finally, there will be prizes for those very important people, our OFFICIALS and HELPERS. Names will be chosen at random.**

Event 1 – Mack Mowat 25 MILE TIME TRIAL

# PRIZES

|  |  |  |  |
| --- | --- | --- | --- |
| **First** | **£20** | **1st Vet (Age Std)**  | **£10** |
| **Second**  | **£15** |  |  |
| **Third** | **£10** | **1st Vet** | **£10** |
|  |  |  |  |
| **1st Lady**  | **£10** | **1st Handicap** | **£10** |
|  |  |  |  |
| **+ £10 if the course record is broken!** |

“Miles to go” boards at 5, 4, 3, 2, 1 miles

## The Riders

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| NUMBER | NAME | **CLUB** | **CAT** | **HANDICAP** | VET STD | **TIME** |
| 1 |   |   |   |   |   |   |
| 2 |   |   |   |   |   |   |
| 3 | Moraig LYALL | Forres CC | Lady | 19.39 |   |   |
| 4 | John SMITH | Caithness CC | Vet | 19.49 | 1.8.31 |   |
| 5 | Beccy May | Caithness CC | Lady | 20.25 |   |   |
| 6 | David ROBINSON | Caithness CC | Vet | 16.18 | 1.14.22 |   |
| 7 | Kevin MOIR | Ross-shire RCC | Sen | 15.55 |   |   |
| 8 | Gordon LAWRIE | Forres CC | Vet | 12.36 | 1.10.35 |   |
| 9 | Ivan LAUGHTON | Forres CC | Vet | 20.18 | 1.6.00 |   |
| 10 | Catherine McDAIRMID | Ross-shire RCC | Lady | 18.27 |   |   |
| 11 | Malcolm GRAY | Caithness CC | Vet | 20.37 | 1.11.39 |   |
| 12 | Ian HENDERSON | Cromarty Firth CC | Vet | 11.19 | 1.12.11 |   |
| 13 | Susan SMITH | V. C. Lyon | Lady |   |   |   |
| 14 | Euan ANDERSON | Forres CC | Youth | 12.53 |   |   |
| 15 | Bill DONALD | Moray Firth CC | Vet | 10.44 | 1.14.58 |   |
| 16 | Brian GRANT | Wick Wheelers | Sen | 17.03 |   |   |
| 17 | Graeme LAUGHTON | Forres CC | Youth | 12.26 |   |   |
| 18 | Austin HUGHES | Caithness CC | Sen | 10.07 |   |   |
| 19 | Willie LAITHWAITE | Ivy CC | Sen |   |   |   |
| 20 | Andrew PIRIE | Moray Firth CC | Sen | 11.30 |   |   |
| 21 | John FALCONER | Caithness CC | Vet | 9.16 | 1.12.43 |   |
| 22 | Norrie LYALL | Forres CC | Sen | 12.46 |   |   |
| 23 | David STUART | Cromarty Firth CC | Sen | 15.01 |   |   |
| 24 | Tommy QUIN | Square Wheels | Sen | 8.44 |   |   |
| 25 | Alasdair WASHINGTON | Caithness CC | Vet | 12.38 | 1.21.17 |   |
| 26 | Keith SMITH | Caithness CC | Sen | 12.38 |   |   |
| 27 | Roger SEWELL | Ross-shire RCC | Vet  | 5.59 | 1.14.55 |   |
| 28 |   |   |   |   |   |   |
| 29 |   |   |   |   |   |   |
| 30 |   |   |   |   |   |   |

Event 2 – 10 MILE TIME TRIAL

# PRIZES

|  |  |  |  |
| --- | --- | --- | --- |
| **First** | **£20** | **1st Youth** | **£10** |
| **Second** | **£15** |  |  |
| **Third** | **£10** | **1st Vet (Age Std)** | **£10** |
|  |  | **1st Lady** | **£10** |
| **1st Handicap** | **£10** |  |  |
|  |  |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| NUMBER | NAME | **CLUB** | **CAT** | **HANDICAP** | VET STD | **TIME** |
| 1 |   |   |   |   |   |   |
| 2 |   |   |   |   |   |   |
| 3 |   |   |   |   |   |   |
| 4 |   |   |   |   |   |   |
| 5 | Lisa CANNOP | Caithness CC | Ldy Yth | 9.41 |   |   |
| 6 | Alastair VAN DER VLIES | Forres CC | Youth | 6.17 |   |   |
| 7 | Beccy MAY | Caithness CC | Lady | 7.10 |   |   |
| 8 | John SMITH | Caithness CC | Vet | 5.38 | 26.30 |   |
| 9 | Ivan LAUGHTON | Forres CC | Vet | 5.53 | 25.30 |   |
| 10 | Mark CANNOP | Caithness CC | Youth | 4.46 |   |   |
| 11 | Brian GRANT | Wick Wheelers | Sen | 5.15 |   |   |
| 12 | Susan SMITH | V. C. Lyon | Lady |   |   |   |
| 13 | John FALCONER | Caithness CC | Vet | 2.48 | 28.12 |   |
| 14 | Catherine MCDIARMID | Ross-shire RCC | Lady | 5.46 |   |   |
| 15 | Malcolm GRAY | Caithness CC | Vet | 5.51 | 27.46 |   |
| 16 | Austin HUGHES | Caithness CC | Sen | 2.27 |   |   |
| 17 | Willie LAITHWAITE | Ivy CC | Sen |   |   |   |
| 18 | David STUART | Cromarty Firth CC | Sen | 4.20 |   |   |
| 19 | Tommy QUIN | Square Wheels | Sen | 2.17 |   |   |
| 20 | Graham LAUGHTON | Forres CC | Youth | 3.30 |   |   |
| 21 | Gordon LAWRIE | Forres CC | Vet | 3.52 | 27.10 |   |
| 22 | Andrew PIRIE | Moray Firth CC | Sen | 2.04 |   |   |
| 23 | Keith SMITH | Caithness CC | Sen | 3.37 |   |   |
| 24 | Alasdair WASHINGTON | Caithness CC | Vet | 4.13 | 31.45 |   |
| 25 | Roger SEWELL | Ross-shire RCC | Vet | 1.58 | 29.06 |   |
| 26 |   |   |   |   |   |   |

## The Riders

**Event 3 – 27 Mile APR**

#  PRIZES

|  |  |  |  |
| --- | --- | --- | --- |
| **First** | **£20** |  |  |
| **Second** | **£15** | **1st Lady / Vet** | **£10** |
| **Third** | **£10** |  |  |
|  |  |  |  |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| NUMBER | NAME | **CLUB** | **Cat** | **GROUP** | **START TIME** |
|   |   |   |   |   |   |
| 1 | Susan SMITH | V. C. Lyon | Lady | 1 | 13:01\* |
| 2 | Brian GRANT | Wick Wheelers | Sen | 1 | 13:01\* |
| 3 | John SMITH | Caithness CC | Vet | 1 | 13:01\* |
| 4 | Ivan LAUGHTON | Forres CC | Vet | 1 | 13:01\* |
|   |   |   |   |   |   |
| 5 | David STUART | Cromarty Firth CC | Sen | 2 | 13:08\* |
| 6 | Norrie LYALL | Forres CC | Sen | 2 | 13:08\* |
| 7 | Willie LAITHWAITE | Ivy CC | Sen | 2 | 13:08\* |
|   |   |   |   |   |   |
| 8 | Tommy QUIN | Square Wheels | Sen | 3 | 13:11\* |
| 9 | Keith SMITH | Caithness CC | Sen | 3 | 13:11\* |
| 10 | Andrew PIRIE | Moray Firth CC | Sen | 3 | 13:11\* |
|   |   |   |   |   |   |

 **\*NB – If the course is shortened due to road works, the start time and intervals will be adjusted accordingly.**

Welcome to our Racing Weekend. If you are new to the sport it may help if we explain the two types of racing that we are presenting:

         In **Time Trials**, riders start at one minute intervals and must always ride unpaced. The handicap allowances are based on a rider’s previous best time.

         In **APR’s**, riders start in groups according to ability, tactics play a very important part, and the first over the line wins.

We hope that you enjoy the weekend’s sport.

**A Washington**

***(for Caithness Cycling Club)***