

CAITHNESS FESTIVAL OF CYCLING

29th and 30th June 2019



Many thanks to our sponsors
SINCLAIR BAY SUBSEA
www.sinclairbaysubsea.com

Welcome to the Caithness Festival of Cycling

For all events the Race HQ/sign-on will be
Caithness Cycling Clubrooms, Gerry Square, KW14 8BH

PLEASE do not park in Gerry Square





WEEKEND PRIZES

Prizes are on the normal "One-man-one-prize" basis.

Additional Overall Prizes for Competitors in all 3 events.

Details of prizes will be announced prior to the event and will include overall prizes.

Also, there will be prizes for those very important people, our OFFICIALS and HELPERS, without whom we couldn't run the event. Names will be chosen at random.

Please note that in time trials riders' start at one minute intervals & MUST RIDE UNPACED: the onus is on the overtaken rider to fall back 20yds before any attempt to overtake. Please ride with care. It is strongly recommended to fit a flashing red rear light in all but the brightest conditions and certainly if it is dull or raining.

There will be 5-4-3-2-1Miles-to-go boards for the "25" and "10" events.

Post events – as always there will be tea, coffee, sandwiches and cake refreshments at the CCC clubrooms.

Finally a big Thank You to our sponsors, Sinclair Bay Subsea Ltd for their valued support.

Enjoy your weekend

Colin Earnshaw

(for Caithness Cycling Club)

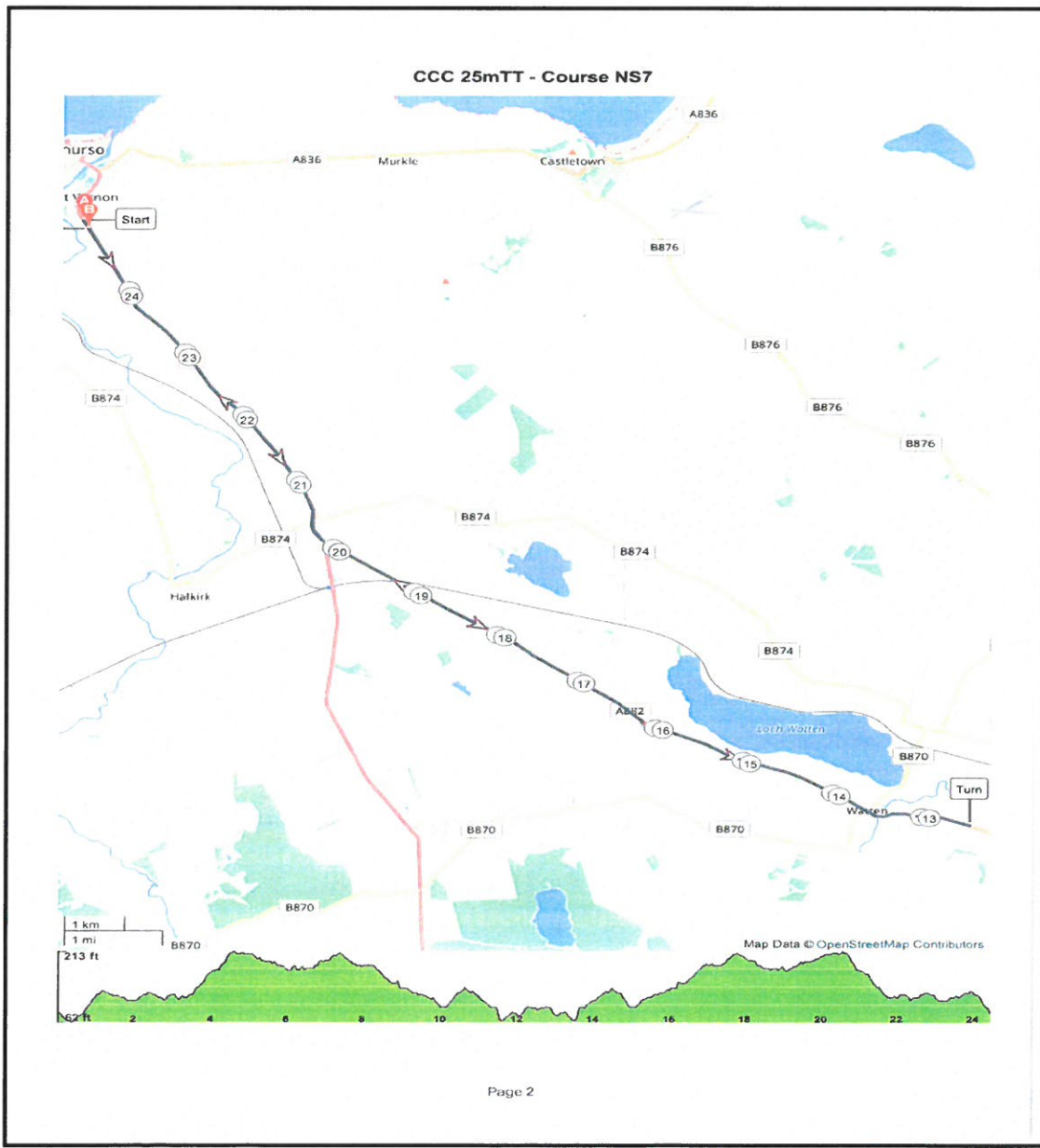
YOU TRAVEL FURTHER – SO WE TRY HARDER!!



Mack Mowat 25 MILE TIME TRIAL on Saturday 3pm In memory of that Grand Old Man of Caithness Cycling

Course Record: 53min 54sec. Alexander Ross (Thurso), 6.7.2002

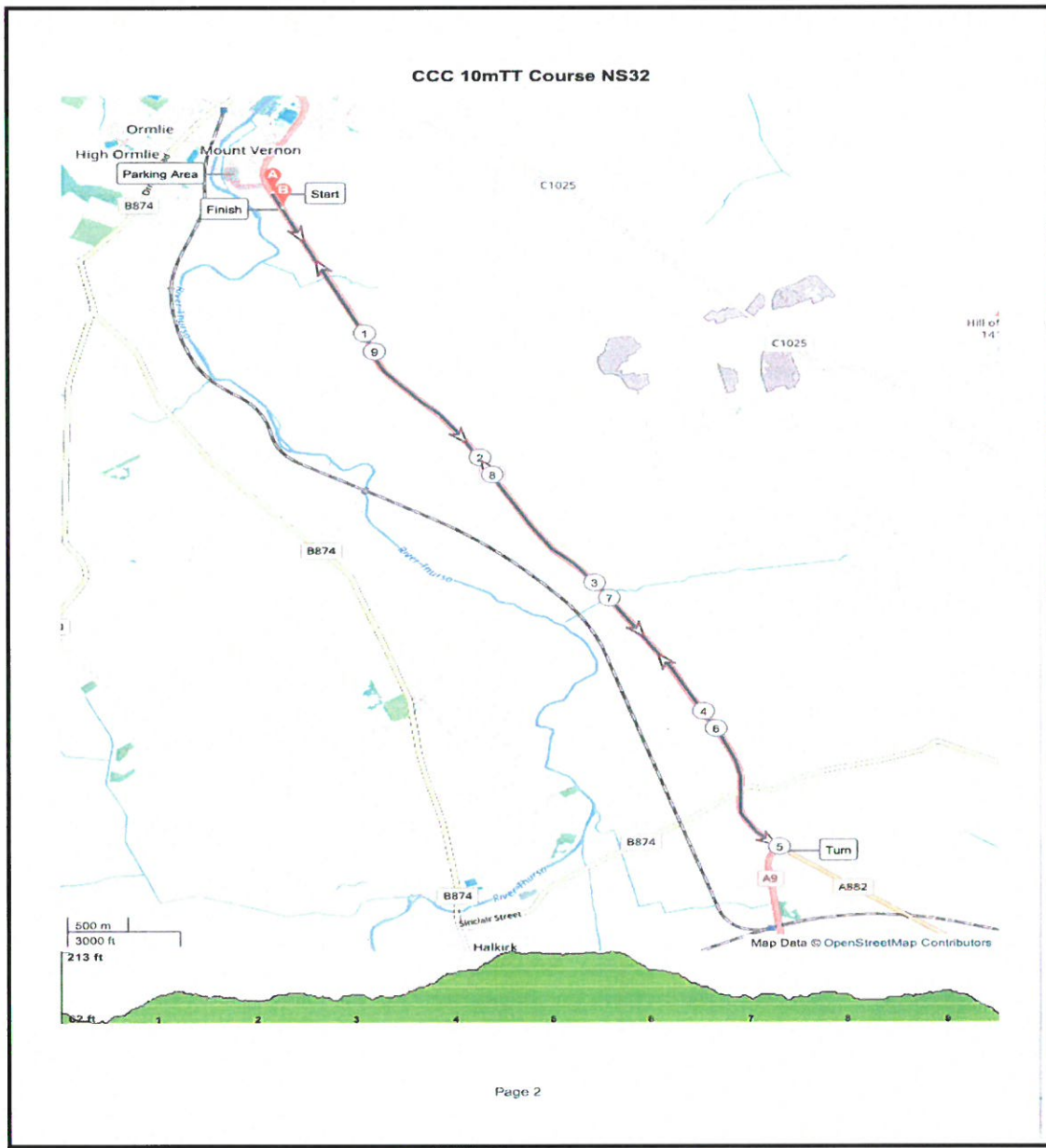
| | |
|---------|--|
| Start: | A9 50 yards east of "Welcome to Thurso" sign on south side of Thurso |
| Course: | Continue on A9/A882 through Watten to <u>turn</u> 1 mile east of Watten village. |
| Finish: | 400 yards short of start. |



10 MILE TIME TRIAL on Sunday 10am

Course Record: 21min 01 sec. Alexander Ross (Thurso), 11.6.2002

| | |
|---------|--|
| Start: | A9, 50 yards east of "Welcome to Thurso" sign on south side of Thurso. |
| Course: | Continue on A9/A882 to dead turn 100metres past A9 turn to Inverness. |
| Finish: | 400 yards short of start. |



Loch Calder 11 MILE HILLY TIME TRIAL on Sunday 1pm

Course Record: 23 min 42 sec Peter Alexander (Moray Firth CC), 19.7.2009

| | |
|---------|---|
| Start: | B874 by Thurso College |
| Course: | Sharp Left at Bridge of Westfield. Climb by Loch Calder. At bottom of descent take care at sharp left turn. Left at Achavarn onto B870. |
| Finish: | Before Glengolly, about ½ mile from B874 |

